

CHURCH OF CHRIST,
850 MINTER AVE.,
SHAFTER, CA 93263

July 19, 2026



WORSHIP TIME

Sunday Morning

8:30 Bible Classes

Mark 10:13 ff

Classes in English & Spanish

9:00 Prayer Worship

Please give us your requests

9:30 Worship Service

Worship in English & Spanish

Elders

Borjas Gonzales	599-9311
Eddie Fisher	342-8337
Garry Nelson	331-3858
Mike Westbrook	910-2197
Ron Nunlist	746-6531

Deacons

Minister

Jim Young 527-7026

Jimyoung2work@aol.com

Church Office 746-2205

Office Hours:

Monday ~ Tuesday ~ Wednesday
8 am to 1 pm

Thursday ~ 11 am to 4:30 pm

Friday Out of the Office

Bulletin

Jan Nelson 332-6146

grammyjan51@yahoo.com

Sandy Westbrook 910-8143

mikewestbrook@att.net

**Don't forget to check out our
website**

**No te olvides de
visitar nuestro sitio web**

www.shafterchurchofchrist.com

Bible on your phone

MySpectrumWiFi8-2G

MySpectrumWiFi8-5G

password: purplelemon096

Thursday Meal July 16th - Cooks: Barbara and LeRoy
Reminder that Shafter has lots of road work going on so pick you path
and drive safe hopefully will have completed before school starts.

- **August 1 - Men's and Ladies Prayer Breakfasts**

Men will meet in the kitchen 8:00 a.m.

and the Ladies the time and location TBD

- **August 4 - Elders' Meeting at 8:00 a.m.**
- **August 6 - Thursday Night Dinner Darlene @ 5:30 p.m.**
- **August 20 - Thursday Night Dinner @ 5:30 p.m.**

**Need someone for Aug 20th and if you think you can do in Sept.
Please! Please! let Debra know now.**



4 - Victor Franco

5 - Gene Lytle

7 - Brenda White McGee

15 - LeRoy Pflug

16 - Darlene Hooper

19 - Connie Tucker

21 - Rose DeClippel

25 - Nina Keeley

26 - Elias Diaz

Robert and Connie July 11th



**Precious Lord Jesus, Wonderful Holy Spirit, all-powerful
Father in Heaven, give us the common sense to do common sense
things. Give us the wisdom to see things as they are and not as I
want them to be or as I hope for them to be.**

Love God ~ Love Each Other ~ Love the Lost ~ Live in His Light

1 Tim 4:7,8 “.... discipline yourself for the purpose of godliness; for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come.”

Let's be honest: it's a good impulse to care for our bodies through a variety of ways. After all, life is valuable, and God made people—body and soul—in His image. We all can recognize the value of team sports and working out with others can improve your health and develop discipline. It can also strengthen your character and reduce loneliness. This is part of what Paul means when he says bodily training has some value. We should aim to bring God glory by caring for our bodies. Just as we steward finances, we should steward our bodies.

Today there is a growing health consciousness, but others live sedentary lifestyles dominated by screens, and they would benefit from a renewed commitment to regular exercise in the new year. This is Paul's broader point in the passage. False teachers had claimed that “mature” followers of Christ should avoid marriage and certain foods. Paul, by contrast, wanted Timothy to know that true maturity leads to giving God thanks for His created world. Food, marriage, and other earthly gifts like exercise are holy when received through prayer and in accordance with God's Word (1 Tim 4:1-5). But rightly appreciating God's creation means not overvaluing what God has made. This is why Paul speaks of training as having “some value,” not “all value.”

Spiritual training should matter to us more than physical training. Working out might improve our life and may even extend our life, but it won't prolong our life indefinitely. Exercise can't give us the eternal life that only comes from Christ. Our Christian identity doesn't come from how well we can physically perform. We need the Word more than we need weights. The gains made in conforming our character to Christ have both present value and lasting value. Joining and committing to a healthy local church will matter far more than joining a gym.

It's with God's people that we're being trained “in the words of faith” and “for godliness” (vv. 6–7). The best “new you” in the new year is the new creation in you: “Christ in you, the hope of glory” (Col 1:27) Beauty is fleeting (Prov 31:30). All flesh is like grass (Isa 40:6). Releasing endorphins and reducing stress can't compete with the fear of the Lord. To paraphrase C. S. Lewis, both the benefits and limits of exercise remind us that we were made for another world. The everlasting life we long for is available, but it's not found by rising to grind each day on cardio equipment. It's only found through the discipline of faith.

FOR GOD
has not given us
a Spirit of fear
but of
POWER
LOVE
& self-discipline.
2 Timothy 1:7



Read your bible daily and pick a quite time for prayer



If you need prayer, please let the Elders know, or put a note in the box in back of the auditorium. You can call or text Vivian Fisher to start the prayer chain **889 - 4075**

* NEW

Praise was good to have Earl here Sunday after had his abdomen “stent” surgery and is doing well

***Nina is in San Joaquín Hospital with pneumonia and running some other tests**

*** Natalie went home from work Monday with stomach issues**

*** Ron and Nancy went over to the Pismo Monday afternoon for a couple weeks**

*** Jerry and family have planes to fly in next week not sure if those planes have changed. Safe travels to All**

Three of **Earl’s family members (cousins)** were killed this past week in a car accident.

Jennifer, one of our Thursday night members, begins her chemo treatments this week.

Garry and Jan on family vacation with their kids and grandkids that could make the trip to Utah. They will be returning home Friday evening the 14th

Jan is waiting on a skin biopsy

Trina in Oklahoma to be with her dad. He is stable but will be having a procedure on the 17th

Glen, friend of the Hoopers, has been in the ICU with several health issues

Unspoken Prayers . . . we know their names, and, above all, God knows them

Our Prayers be lifted often for the direction of the Nation and the world, as a whole, to put Christ back into everything and we have more Respect, Love and Patience for one another.

Health issues: Physical, Mental, & Spiritual Health, Chronic Illnesses, Confined or Care Home
Angela Rumbo,

Anthony, Borjas’ grandson needs strength to help him with his co-workers

Beth Rumbo, Ron’s daughter, health issues

David & Millie (Ron’s brother & wife) health issues

David has an **acquaintance** he is encouraging regarding her religious acceptance

Debra Continued prayers for her strength in her health and the ability to walk easier

Gary, Buggy’s husband, **serious** health issues and mental struggles as well.

Hannah (Trina’s daughter) emotional issues

Rose isn’t able to join for fellowship but remind her that she is missed and prayers for her and granddaughter Zoe

Ronnie (Nancy’s son)

James, Darlene’s brother, is improving but has a long way to go; needs prayer

Janese, has a battle with severe headaches

Joan, Vivian’s sister, COPD

Kali, Nina’s granddaughter continues to have effect of long Covid with headaches

LaDona, as she continues to stay in healing from her fall

Larry Westbrook ~ Assisted Living

Robert Tucker- continuing problems with migraines and high blood pressure

Rose isn’t able to join for fellowship but remind her that she is missed and prayers for her and granddaughter Zoe

Ronnie (Nancy’s son)

Sally’s family members having health problems: Father moved to Delano Skilled Nursing.

Sandy Continues to have issues being out of the house.

Sue, Sandy’s sister broke her arm in May and it’s going to be a long processes of healing

Susan, LaDona’s former roommate at Brookdale to know the Lord

Trina’s uncle Leon is home now after his stroke and rehabilitation

Tate, Anne’s son and Nina’s grandson, continues to heal from his health issues

Vivian, continues to heal from her break and trying to get her BP under control

Wes Agee, Kern County firefighter, continues to be in Colorado for his medical needs. His healing is slow going with spinal injuries

Cancer ~ Chemotherapy ~ Radiation ~ Remission

Anne Keeley Taylor CBCC for treatments with granulosa cells

Bob, moved to rehab in late May Nina's nephew-in-law has cancer and also recovering from disc surgery. Where they also tried to remove a tumor but only could do part due to location of the tumor.

Cathy Turner a former member in Shafter has completed chemo treatments but will have some kind of infusion every 21 days at least until Nov.

Gerald (Tank) is struggling with an infection in his body due to cancer and multiple health issues

Joe Acosta, friend of Eddie's, has been diagnosed with prostate cancer

John Maltby, prostate cancer

Mike G., Borjas' friend, has prostate cancer and having radiation treatment

Tom, friend of the Nelson's, is battling leukemia again; please pray for remission

Vanessa, Buggie's friend, found out she has stage 4 kidney disease

Wendy, Debra's SIL, brain surgery went well; mobility and speech affected but to what extent not yet known; will be transferring to rehab

Unspoken Prayers: Silent Spoken God knows them.

For the Leaders of the Countries that they can come together for United Peace.

For Our Elders, Pastor and Teachers as they lead us in our faith and our walk with God

Our Youth: to pray to make good choices

For all those that have upcoming tests: this week or test results

Serving in the Military:

Charlie Nina's great-great nephew, **Air Force** has been sent overseas

Chris & Jonah (friends of Trina) who are soldiers in the Middle East

Jason McCune, Navy (Sandy's niece's husband they are stationed in Washington), has been sent to Italy for 12+ weeks while family stays in Washington.

Karli Winter, Air Force in Ohio finishing schooling

Continued prayers for those serving that we don't know and their families missing them at home to be returned safely

Recent passings, continue to keep their families in your prayers for strength

James Pflugh and Robert Plumley

Many on our Prayer Lists

but if you would continue to pray for those and others you know DAILY.

We know Our Prayers are heard and offers those needing them comfort and it shows the Lord our trust in his decisions and our willingness to believe in his guidance and love.

May our prayers knit us together in unity, embracing the richness of compassion and kindness that unites us as one. Amen.

Heavenly Father, help us forge connections through the thread of kindness and the bond of compassion. As we pray, may our hearts be open to understanding and empathizing with one another. Guide us to see the beauty in our differences and to embrace each other with love and acceptance.



*Love God ~ Love Each Other ~ Love the Lost
~ Live in His Light ~*